Adding Titles to Adobe Premiere for 360 Video:

- 1. Go File...New...Legacy Title
- 2. Give your title a name, and press OK
- 3. Just like Photoshop or other Adobe products, you can add Text, Shapes and other elements onto your new title canvas. Note that this is just a window, so you can minimize or close it out whenever you are done. This means that wherever your cursor is on the Premiere timeline below is what you will see in the background of your text.
- 4. To add text, choose the "T" type tool and draw a box in the center of your screen. Recommended font size for VR is roughly **32-36** (default is 100).You can change this on the right panel like so:

Font Style	Regular	Font Style	Regular
Font Size	100.0	Font Size	32.0
Aspect	100.0 %	Aspect	100.0 %

You can also change font style, color, etc. on the right panel.

- 5. Because we are working with busy backgrounds, we will also have to add a semitransparent background so we can see the text. To do so, select the Square shape tool and then draw a box around the text you just added. It will lay overtop the text, so we need to send it to the back. To do this, right-click on the box, and choose Arrange / Send to Back. Make the box semi-transparent by choosing Opacity and setting it to around 90% or so. Also, change the color, so it is the reverse color of your type.
- 6. To center your textbox horizontally or vertically, choose the small Center icons on the left of your window like so:



- 7. Once you are finished adding text, close out the window. You will then find it in your Media Bin in the bottom left of Premiere. To add it to your scene, simply drag it from the media bin to an upper layer of the video timeline.
- 8. If your text box is above or below the horizon line, you can add a special video effect so it will not appear distorted in 360°. Open the Video Effects / Immersive Video folder and add the effect **VR Plane to Sphere**. Then, in Effect Controls

you can change the Scale to around 130, and it will appear flattened.

